

This guide lists the locations and hours of Beacon's free food programs and food pantries.

It also lists businesses that accept SNAP and WIC benefits.

Soup Kitchens

- Provide free meals to anyone who needs them, for any reason
- Free meals served Monday through Saturday

Food Pantries

- Provide free groceries (including canned goods, fresh produce, and meat) to individuals and families
- Four locations in Beacon

SNAP and WIC

- Accepted at Key Food, Beacon Natural Market, Rite Aid, and Beacon Farmers Market
- Benefits can be used for SNAP- or WIC-eligible foods only
- Spend benefits at Farmers Market to get coupons for free extra fresh fruit and vegetables (*Greens for Greens*)
- WIC office is at Beacon Health Center, 6 Henry Street; (845) 831-0400, x 7098
- Apply for SNAP benefits at DCCAP, 10 Eliza Street; (845) 831-2620

Kids R Kids Summer Lunch Program

- Free lunch for all kids ages 18 and under
- Lunch served Monday to Friday at noon during summer (except July 4).
- Free activities offered 11am – noon (*crafts, games, movement classes*)

Common Greens Mobile Farmers Market

- Buy produce at half the price of the farmers market
- Open Wednesday, July 6 through September 28
- SNAP, WIC/FMNP, and Greens for Greens accepted
- Sponsored by Common Ground Farm and Green Teen Community Gardening Program

BEACON FRESH FOOD INITIATIVE

Make your \$ grow when you use your food benefits at Beacon's Mobile Markets on Wednesday, the Common Ground Farm Stand on Saturday, and the Beacon Farmers Market on Sunday by the waterfront. For every \$4 you spend on fruits and vegetables, you'll receive a \$4 coupon to spend on additional fruits and vegetables.

For more information and locations visit:
www.beaconfarmersmarket.org/benefits

USDA Food & Nutrition Service
www.fns.usda.gov

Dutchess County Community Action Partnership (DCCAP)
www.dutchesscap.org/programs_and_services
Beacon office:
10 Eliza Street (845) 831-2620



COMMON GROUND FARM



Cornell University
Cooperative Extension
Dutchess County

21Meals is underwritten by United Way of Dutchess-Orange Region. For more information, please call: Ivana Powers at Cornell Cooperative Extension (845-677-8223, ext.122) or Shayna Russo, Eat Smart New York, Cornell Cooperative Extension (845-677-8223, ext. 50; smr255@cornell.edu).

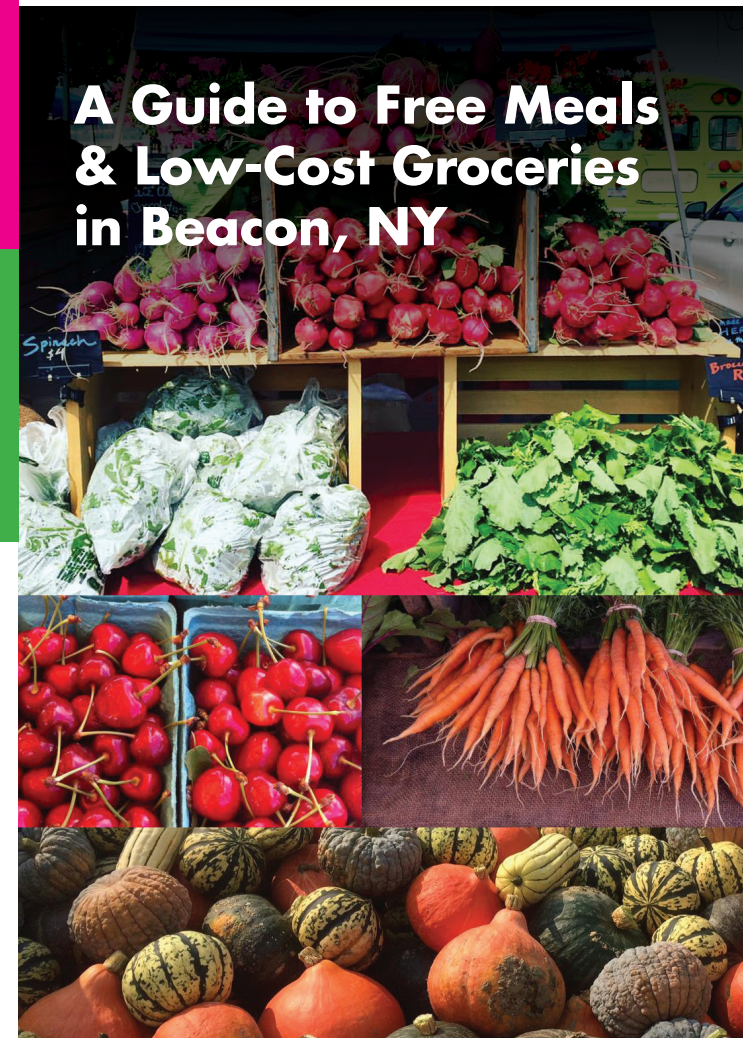
CCEDC is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs. NAC/BNAC is a committee of Dutchess County community and organization representatives brought together with support from Cornell Cooperative Extension Dutchess County, United Way of Dutchess Orange Region and the County of Dutchess.

All photos on the front of the brochure are courtesy of common ground farm.

21Meals

3 MEALS A DAY X 7 DAYS A WEEK

A Guide to Free Meals & Low-Cost Groceries in Beacon, NY



Everyone deserves to eat fresh, nutritious foods. This brochure explains where you can get the food you need—for free or by using SNAP or WIC benefits.

The 21Meals project was created to give Beacon residents the information they need to put food on their plates.

Soup Kitchens

- 1 First Presbyterian Church of Beacon**
50 Liberty St. (845) 831-5322
Fri – Sat (10–11am)
- 2 Tabernacle of Christ Church**
483 Main St. (845) 831-4656
Mon – Thurs (11am–noon)

Food Pantries

- 3 Salvation Army Beacon**
372 Main St. (845) 831-1253
Tues, Wed, Thurs (9am–noon)
By appointment only
- 4 St. Andrew's/St. Luke's**
17 South Ave. (845) 831-1369
Sat (10–11am)
- 5 New Vision Church of Deliverance**
831 Route 52 (845) 202-7199
Thurs at 5:30pm & Sat at noon
(excluding 3rd Saturday of the month)
- 6 Trinity Episcopal Church**
1200 Main St. Fishkill (845) 896-9884
Fishkill & Beacon residents
Wed (10am–noon)
- 7 Dutchess County Community Action Partnership (DCCAP)**
10 Eliza St. (845) 831-2620
Mon – Fri (8:30am–4:30pm; closed noon–1pm)
By appointment only
Proof of Dutchess County residency and photo ID required. One visit per month. Groceries include canned goods and some dairy, meat & fresh produce. Additional assistance may be available at this location.

SNAP/WIC Benefits Accepted

- 8 Beacon Natural Market**
348 Main Street
- 9 Key Food Beacon**
268 Main Street
- 10 Rite Aid**
320 Main Street
- 11 Beacon Farmers Market**
Sunday @ Beacon Waterfront
(opposite the train station)
10am–3pm
- 12 Common Ground Farm Stand**
Saturday @ Main St. Pop-Up Park
(corner Main St. & Cross St.)
1–3pm

Summer Programs

KIDS R KIDS SUMMER LUNCH PROGRAM

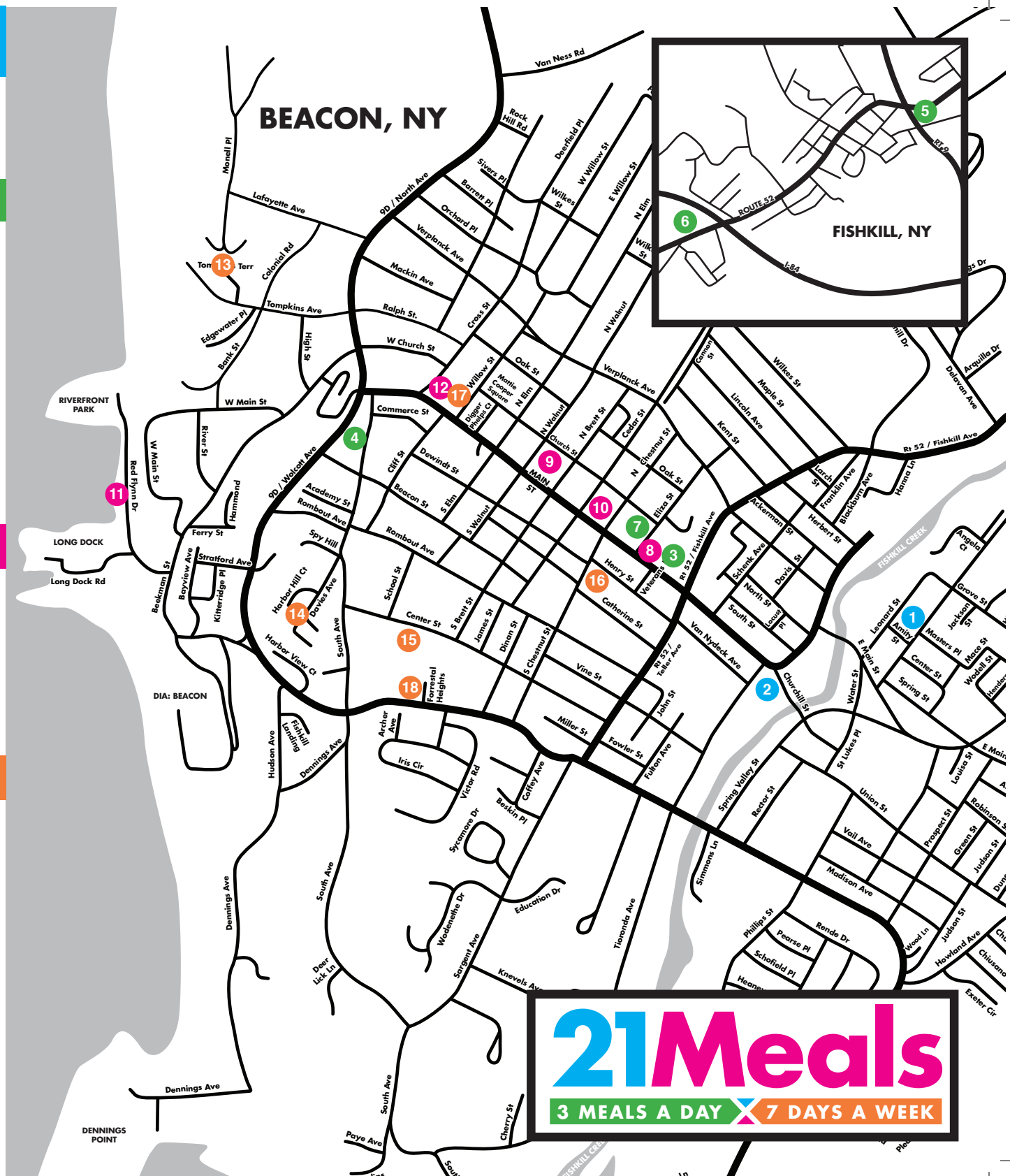
Mon – Fri, Jun 27 – Aug 26
(except July 4)
Activities (11am–noon)
Lunch (noon–12:45pm)

- 13 Tompkins Terrace**
194 Tompkins Terrace
- 14 Davies South Terrace**
52 Davies Terrace
- 15 Beacon Community Resource Center**
23 West Center Street

COMMON GREENS MOBILE FARMERS MARKET

Wed, July 6 – Sept 28

- 16 Community Health Center parking lot**
Corner S. Chestnut & Henry Street
Wed (11am–12:30pm)
- 17 Main Street Pop-Up Park**
164 Main Street
Wed (11am–12:30pm)
- 18 Forrestal Heights Senior Friendship Center, parking lot #2**
One Forrestal Heights
Wed (1–2pm)



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